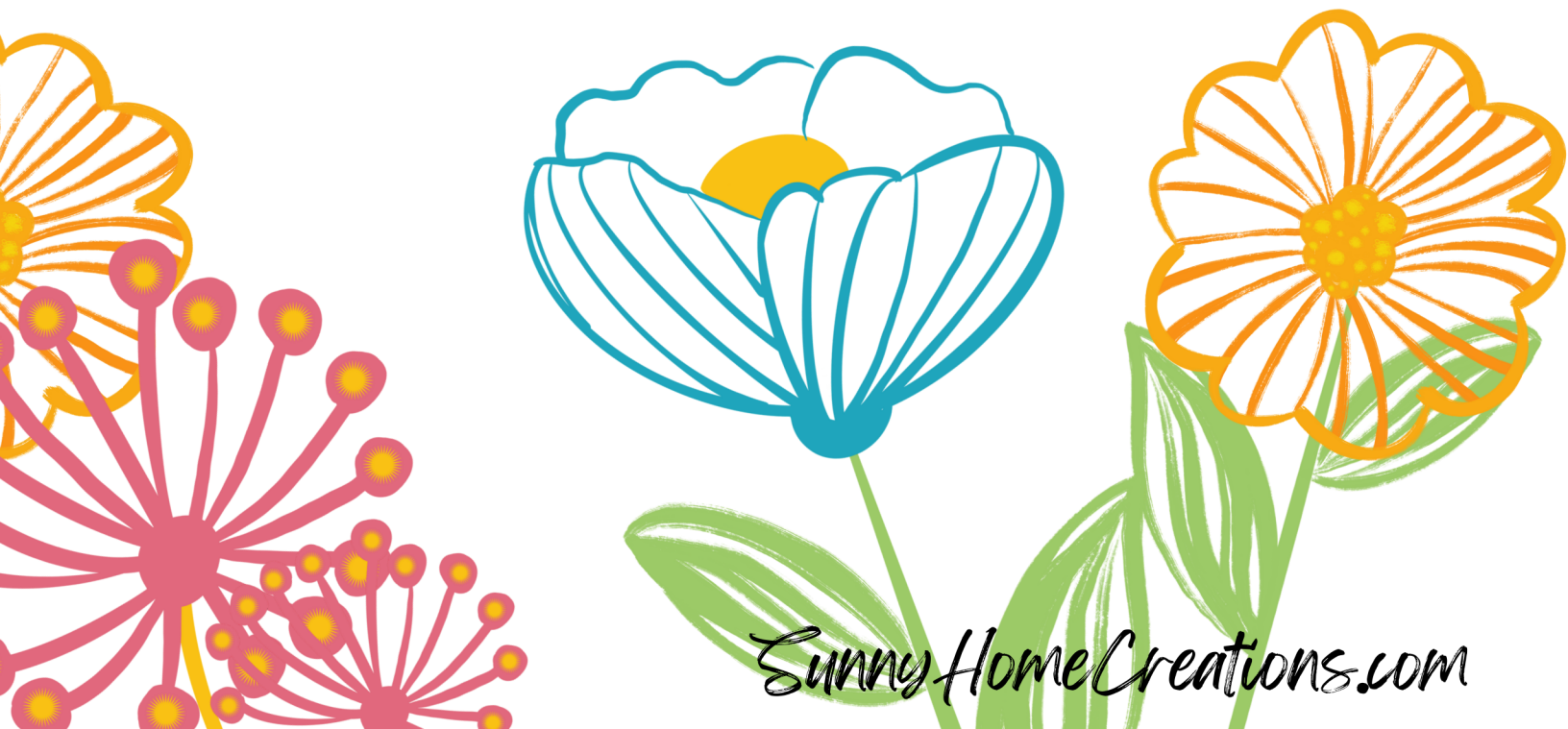


The top corners of the page are decorated with stylized floral illustrations. On the left, a large blue flower with a yellow center and green leaves is shown. On the right, there are several smaller flowers, including blue and orange ones, also with yellow centers.

CLEANING

Checklist



Spring Cleaning

BEDROOMS

- Wash all Bedding
- Flip Mattress
- Dust ceiling and walls
- Clean Light Fixtures and Fans
- Clean Windowsills, Doors & Trim
- Clean Windows
- Dust Blinds & Curtain Rods
- Clean or Vacuum Curtains
- Wipe Baseboards
- Dust and/or Polish Furniture
- Organize Closets
- Dust Closet Shelves & Inside Drawers
- Vacuum the Floors - Under Furniture
- Mop Floors or Shampoo Carpets/Rugs

LIVING & DINING ROOMS

- Wash All Blankets, Slipcovers, Pillows & Table Linens
- Clear Out Clutter
- Remove Things that Don't Belong
- Dust Ceiling & Walls
- Dust Light Fixtures and/or Fans
- Clean Windowsills, Doors & other Woodwork
- Wash Windows
- Clean Blinds
- Vacuum or Clean Curtains
- Remove Cushions from Sofa & Chairs & Vacuum Furniture
- Dust & Polish Wood Furniture
- Dust Electronics
- Wipe Down Remote Controls
- Clean Lamps & Lampshades
- Dust Decor
- Polish Silver

BATHROOM

- Wash Towels & Bathmats
- Clean Out Cabinets & Vanity
- Discard Expired/Unwanted Items
- Wipe Down Shelves/Drawers & Replace Items
- Apply Toilet Cleaner to Inside of Bowl and Allow to Soak
- Dust Walls & Ceiling
- Wipe Windowsills, Doors & Trim
- Dust Blinds
- Clean the Windows
- Wipe Down the Baseboards
- Wipe Down Outside of Vanity, Cabinets, Countertop & Sink
- Clean Sink Hardware
- Wipe the Mirror
- Clean Bathtub, Shower & Surround
- Clean Showerhead & Bathtub Hardware
- Wipe Outside of Toilet & Seat.
- Scrub Inside of Toilet Bowl
- Sweep Floors
- Scrub Tile Grout
- Mop the Floor

LIVING & DINING ROOMS CONT.

- Remove Dishes from China Cabinet. Clean Dishes. Wipe Down Shelves & Door
- Vacuum Floors
- Mop Floors or Shampoo Rugs or Carpet

Spring Cleaning

LAUNDRY ROOM & OTHER TASKS

Fold & Put Away Laundry in Dryer
Clean Washing Machine
Wipe Down Inside of Dryer
Clean Lint Trap and Dryer Vent
Wipe Down Outside of Washer & Dryer
Dust Ceiling and Walls
Wipe off Shelves & Declutter
Wipe Baseboards
Clean Windowsills, Doors & Trim
Wash Windows
Vacuum Floors
Mop Floors or Shampoo Carpet
Test & Replace Smoke Alarm Batteries
Replace Air Filters
Clean Registers & Vents

ENTRYWAY & GARAGE

Declutter Tools, Sports Equipment, Shoes, Jackets, & Other Items in Both Spaces
Wipe Walls & Baseboards
Clean Shelves & Storage Areas
Wipe the Door (Inside & Out)
Wash Windows
Clean Doormats (Inside & Out)
Organize Shoes & Jackets
Vacuum Entryway Floor
Mop Floor or Shampoo Carpet
Sweep Off Porch & Walkways Outdoors
Sweep Garage Floor

OFFICE & PLAYROOM MARCH

- Wipe Down Ceiling & Walls in Both Rooms
- Wipe off Baseboards
- Clean Windowsills, Doors & Other Trim
- Dust Blinds
- Vacuum or Clean Curtains
- Wash Windows
- Declutter Desk & Storage Space in office
- Dust & Polish Furniture
- Clean Electronics, Keyboard & Mouse
- Declutter toys in all Storage Areas & Discard Unwanted Items
- Wash & Sanitize Plastic Toys w/Soap & Water
- Wash Stuffed Animals & Soft Toys on the Gentle Cycle in Washing Machine
- Wipe Down Storage Shelving & Bins
- Reorganize & Replace All Toys
- Vacuum Floors
- Mop Floors or Shampoo Carpets & Rugs



Spring Cleaning

KITCHEN

- Place Oven Cleaning Solution Inside Oven. Allow to Soak
- Wipe Down Ceiling & Walls, Scrubbing Stuck On Areas as Needed.
- Remove Items From Cabinets and Wipe Down Shelves
- Sort through everything you take out of the cabinets and discard unwanted items before placing everything back inside.
- Wipe down the outside of the cabinet doors and cabinet tops.
- Remove everything from your refrigerator and wipe down the shelves and drawers.
- Discard old expired food and return everything else back to the refrigerator.
- Transfer the food from your freezer into a cooler.
- Wipe down the shelves and drawers in the freezer.
- Discard all the expired food, then return everything back to the freezer.
- Wipe down the outside and top of the refrigerator, the seal in the doors, and the front of the doors.
- Remove everything from the countertops and clean each item.
- Wipe down the counter and backsplash, then return everything back to the counters.
- Clean the stovetop.
- Clean the microwave inside and out.
- Clean the dishwasher inside and out.
- Scrub the inside of the oven and wipe clean.
- Wipe the range hood.
- Wash all dishes in the sink, then scrub the sink, hardware, and drain.
- Wipe down the baseboards and areas under the cabinets.
- Vacuum the floor.
- Mop the floor
- Clean Rugs or Floor Mats